

Timetable Greenpop Reforest Fest Friends Weekend 2018

FRIDAY 23 MARCH

15:00 - 20:00	Craft station and doodling on arrival
18:30	Heart Space opens - beautiful healing area in the small forest clearing
18:00 - 19:00	Silent walk & Sunset Yoga with SHIFT - Meet at Forest Arch, walk to Valley Field
18:30 - 21:00	Soul Circus Theatre is open in Forest Clearing
19:00 - 20:00	LIVE MUSIC JOURNEY: Sound Journey by Satya Jones - Forest stage
20:00 - 20:45	Live music: Perfect Shadows - Main stage
21:00 - 21:15	Welcome talk by Greenpop Directors - Main stage
21:15 - 22:00	LIVE MUSIC: Chico Muya - Main stage
22:00 - 23:00	Star gazing & tea drinking with Anne Verbiscer
22:00 - 23:30	LIVE MUSIC: Fireside Jamming with Gershan Lombard, Daena Weeks & Conservation Music - Forest stage

SATURDAY 24 MARCH

6:00 - 6:45	Morning Flow Yoga with SHIFT - Main Stage
06:00	Food court opens - be there early as we start 07:30!
07:00 - 07:30	Gather at Main Stage ready and dressed for Tree Planting!
07:30 - 08:30	Welcome talks & Wake Up, Shake Up!
09:00 - 16:30	PLANTING TREES (including lunch break with DJ Spoenk)
16:45 - 17:00	IBhasi dance to celebrate end of planting!

Afternoon & Evening Live Music & Activities

	Main Stage	Forest stage	Heart Space	Fire Break / Food Court / Other Areas
17:00 - 17:45		TALK: Ecomusicology WORKSHOP: How to make your own natural cosmetics (Under Forest Canopy away from stage)	See Heart Space schedule	
18:00 - 18:45	LIVE MUSIC: Ronald Stevens	TALK: Low impact lifestyle with Jade Khoury	Guided Meditation with SHIFT	WORKSHOP: Original Fire and body percussion - at outside fires
19:00 - 19:45	LIVE MUSIC: Money for Bali	Soul Circus Theatre is open	See Heart Space schedule	
20:00 - 20:20	POWER OFF for EARTH HOUR: Meditation for Peace with SHIFT			
20:20 - 21:00	FIRE SHOW: Psychedelic Theatre			
21:15 - 22:00	LIVE MUSIC: Touchwood	Soul Circus Theatre is open		
22:15 - 23:15	LIVE MUSIC: Nic Preen and the World of Birds			
23:15 - 00:45	DJs: Jews for Techno & Crash Love	Bonfire chilling in the forest		

00:45 - 01:45	DJ Nevau			
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SUNDAY 25 MARCH

- 6:30 Food court opens for the day
 8:30 Market stalls open for the day
 07:00 - 08:15 Hatha Yoga Flow with SHIFT - Main stage
 08:45 - 09:00 **Tree tally announcement & explanation of the day**
- All gather Main stage



	Main Stage	Forest Stage	Under Forest canopy	Heart Space	Forest Arch meeting point (for walks)	Fire Break Area/ Food Court / Other Areas	
09:00 - 10:00	TALK: Green City, how to create a more conscious culture 09:00 - 09:30 TALK: Our need for wild places - lessons on being human, from the Pacific Crest Trail 09:30 - 10:00	TALK: Planting Trees as an Act of Love and Revolution		YOGA: Laughter Yoga with Kiki Toga	WALK: Know your trees with Meg Coates Palgrave (Max 20 people)		Hoola hooping Eco-bricking at Waste-Ed Stand
10:00 - 11:00	TALK & DEMO: Fashion for the Future 10:00 - 10:30 TALK: PlantDurance, the benefits of a plant-based diet 10:30 - 11:00	TedX TALK & WORKSHOP: Medicinal Plant Workshop & the importance of saving our heritage	TALK & MEDITATION: Platbos African Tree Essences and guided tree meditation (at Platbos stand)		WALK: Guided Platbos Forest walk	WORKSHOP: Gumboot Dancing with Ubuntu Bridge	T-shirt screen printing Upcycling station (pls take your recycling to the resource depot before you go!)
11:00 - 12:00	TALK: The Future of Blockchain and cryptocurrencies	TedX TALK: Reconnecting with Nature		See Heart Space schedule for a day of healing and relaxation		WORKSHOP: Hooping "Circles of love" with Soul Circus	Crafting & tinkering Trees and Tarot at Intentions POP-Up-Shop
12:00 - 13:00	TALK: Cape Leopard of Walker Bay Fynbos Conservancy	TedX TALK: Hemp: Innovate, Educate, Cultivate	TALK & DEMO: Waste Less (At the Waste-Ed stand)		WALK: Know your trees with Meg Palgrave (Max 20 people)		"I see the Trees" Forest Activity competition
13:00 - 14:00	TALK: Murendeni Mafumo from Red Bull Amaphiko 13:00 - 13:30 TALK: Renshia Manuel - Talk Growbox 13:30 - 14:00	TALK: Fry's Family Foods			WALK: Guided Platbos Forest walk		